



Allergy information is available. Our food is prepared freshly, many dishes can be adjusted to suit dietary requirements

Starters

Today's homemade soup	£6.95
Sautéed Padron peppers, sea salt & chilli flakes.....	£5.75
Hot garlic sourdough baguette, roasted red pepper & tomato dip	£5.95
Nduja, mac `n` cheese croquettes, garlic aioli.....	£7.95
Crispy sesame king prawns, salt & pepper squid, sriracha mayonnaise	£10.50
Smoked mackerel pâté, horseradish cream, pickled cucumber, fennel & dill, Melba toast	£9.25
Grilled halloumi & heritage tomato Greek salad black olive tapenade, basil pesto, oregano dressing	£8.75
Super salad - watermelon, marinated grilled courgettes, avocado houmous, baby spinach, crumbled vegan feta chicory, roasted chick peas, dhukka, lime, chilli & tamarind vinaigrette.....	£8.95/£14.95
Sautéed wild mushrooms on toast, asparagus, peas & tarragon, lemon crème fraîche	£8.95
Bang bang peanut salad, oriental crunchy vegetables, peanut & sesame dressing with chicken or roasted cauliflower & tofu	£9.75/£16.25

To Share

Mezze plate - Sautéed padron peppers, baba ghanoush, avocado houmous, roasted chickpeas & flat bread	£15.95
Cured meats, burrata & Gordal olives, sun blushed tomatoes, cornichons & caperberries, pesto, balsamic glaze, toasted focaccia	£22.95
Fish board - John Ross smoked salmon, smoked mackerel pâté, salt & pepper squid & sriracha mayonnaise, king prawns, crispy whitebait, 'Bloody Mary' prawns, roasted garlic aioli & breads.....	£23.50
Baked Camembert with rosemary, garlic & white wine, apricot chutney, warm sourdough baguette & crudites ..	£17.75

Main Courses

Fish & chips - home battered fillet of today's fresh fish, home cut chips & crushed minted peas.....	£18.95
Grilled marinated king prawns, avocado & freekeh salad, pickled cucumber, tenderstem broccoli, fresh mango, chilli & coriander dressing.....	£20.25
Poke bowl - roasted baby aubergine, mushroom brown rice, pak choi, sugar snap peas, pickled vegetables, ginger & spring onions – with roasted teriyaki tofu or roasted teriyaki salmon	£16.95 or £19.95
Grilled artichoke, courgette & asparagus risotto, peas, broad beans & mint, rocket & shaved parmesan	£17.50
Breaded chicken schnitzel, garlic & parsley butter, pancetta & linguini carbonara	£19.95
Pan fried calves' liver, smoked streaky bacon, creamy mash, wilted spinach, sage jus	£21.50
Conisbee's free range Cumberland sausages, Colcannon mash, crispy shallots, onion gravy.....	£17.50
Grilled pork tomahawk, apple ketchup, sage butter, poppyseed & apple slaw, truffle & parmesan chips	£22.95

Burgers & Steaks

Gourmet burger with smoked streaky bacon, smoked cheddar & burger sauce or pea & mint falafel burger with grilled halloumi, piquillo peppers, guacamole – Both served with home cut chips & chipotle mayonnaise ..	£18.25
21-day aged West Country 10oz rib-eye steak, home cut chips, slow roasted tomatoes, onion rings & your choice of bearnaise sauce, garlic & herb butter or green peppercorn sauce.....	£31.50
7oz West Country Fillet steak, potato gratin, wild mushrooms, roasted cherry tomatoes, sauce Diane	£33.95

Sides: Colcannon mash - Home cut chips - Potato gratin - French beans & broccoli - Mixed Salad - **£5.25**
Rocket, red onion, sun blushed tomato & pinenut salad **£5.50** Parmesan & truffle home cut chips **£5.95**

A discretionary 10% service charge will be added to your bill, rest assured that 100% of this goes to our amazing team here at the Old Plough.
If you like what we do and would like to join our team, please ask to speak to a manager.